



## Champlain Valley Area Health Education Center

152 Fairfield Street, St. Albans, VT 05452  
(802) 527-1474 • [www.cvahec.org](http://www.cvahec.org)

January 28, 2010

Dear School Contact:

Champlain Valley Area Health Education Center (AHEC) is pleased to inform you of the upcoming Shadow Day Program at Fletcher Allen Health Care on Friday, April 30, 2010.

The Shadow Day Program is a one-day program that will consist of presentations by various health care professionals on health care topics and careers, capped by a 2-3 hour job shadow experience. Students should apply if they are:

- ◆ Living in Vermont's Chittenden County, in grades 10-12, and have had little or no exposure to the health care field;
- ◆ Considering a health care career and would like to learn more about the array of careers in this field; and
- ◆ Able to interact in a mature, respectful, and professional manner with peers and adults.

The goals of the Shadow Day Program are for students to:

- ◆ Develop comfort in a health care environment.
- ◆ Explore and strengthen skills and resources needed for health career development.
- ◆ See what it's like to be a health care professional through a job shadow experience.
- ◆ See how their classroom studies can be applied to their future career path and career.

Your assistance is vital in making students aware of this opportunity. Please post the enclosed flyer in your school where students will see it. Also, feel free to make additional copies of the enclosed double-sided application to hand out to interested students. Please have students complete the Shadow Day Application Form and return to Champlain Valley AHEC by **Tuesday, March 16, 2010**. Letters regarding student's acceptance into the program will be sent out by March 26, 2010.

Any Chittenden County students who applied, but did not get accepted into Champlain Valley AHEC's Health Careers Exploration MedQuest Program, and would like to be considered for the Shadow Day Program should contact Kylee Ryan. Their MedQuest application may be able to be used for the Shadow Day Program.

Shadow Day information has also been posted on our website, [www.cvahec.org](http://www.cvahec.org). If you have any questions, please contact Kylee Ryan, Program Coordinator, (802) 527-1474 x14 or [kryan@cvahec.org](mailto:kryan@cvahec.org).

Sincerely,

Kylee Ryan  
Champlain Valley AHEC  
Health Careers Program Coordinator