



The Center on Aging
at the University of Vermont
and Fletcher Allen Health Care
Elder Care Services

PRESENTS

The 2010 Gerontology Symposium

**Back to the Future:
How Do We Get There?**



April 16, 2010

**Sheraton Hotel
Burlington, Vermont**

2010 Gerontology Symposium Back to the Future: How Do We Get There?

Symposium Overview

The Center on Aging at the University of Vermont is pleased to sponsor the 2010 Gerontology Symposium. The goal of the symposium is to provide current research based information on topics relevant to the broad range of health and service providers who work with Vermont's diverse and rapidly growing population of older adults.

The focus of the day is on creating a new and better future for older Vermonters. Although we're working toward this goal, there's much more to be done. Workshops by experts will address issues that can be incorporated into your work with older adults. Topics will include innovative ways to approach physical activity, nutritional needs, challenging ethical decisions as well as coping with dementia. Highlights will include keynotes from two leaders in Gerontology Education: Dr. Suzanne Kunkel, Director of the Scripps Gerontology Center at Miami University, Ohio and Dr. William Thomas, a leader in the Green House Project and Eden Alternative movements and innovative thinker on changing the culture of long term care.

There will be opportunities to interact with colleagues from a variety of Vermont organizations that serve older adults and to learn from each other.

The Mission of The Center on Aging at the University of Vermont is to forge an ongoing collaboration among faculty, students, staff, and programs within the University of Vermont, Fletcher Allen Health Care, and the Vermont community to promote a sense of well being and a high quality of life for older adults. The Center seeks to engage interested parties who wish to partner in the development and execution of programs that facilitate the health and welfare of older adults.

Conference Registration Fee

The registration fee for this conference is \$10. An additional fee of \$10 will be charged for those requiring Continuing Education credit. A total of six Continuing Education credits will be offered. Please indicate on the registration form if you require CEUs.

Registrations are requested by March 30, 2010. No refunds are possible after April 2nd.

If you register and are unable to attend, please notify the CME office no later than April 2nd.

Keynote Speakers

Suzanne Kunkel, PhD

Director, Scripps Gerontology Center
Miami University
Oxford, OH

Bill Thomas, MD

Author and Founder of the Eden Alternative and the Green House Project
Director of Integrated Applications
University of Maryland Baltimore County -
Erickson School, Baltimore, MD
Professor of Aging Studies
State University of New York - Binghamton, NY

Workshop Speakers

Zail Berry, MD, MPH

Associate Clinical Professor, Medicine
Private Practitioner, Palliative Medicine

Barbara Jordan, MS, MEd

Exercise Trainer and Wellness Counselor

Fran Joseph, MEd

Certified Laughter Yoga Leader and Teacher

Karen Koehlein

Community Service Representative
Home Instead Senior Care

Amy Nickerson, MS, RD

MSD Program Director
Department of Nutrition & Food Sciences

William Pendlebury, MD

Professor, Pathology, Neurology and Medicine;
Director, Center on Aging, UVM
Medical Director, Memory Center and
Elder Care Services, FAHC

Joan Senecal, MA

Commissioner, Vermont Department of
Disabilities, Aging and Independent Living

Mary Woodruff, MPH, RD

Nutrition and Health Promotion Specialist
Vermont Department of Disabilities, Aging and
Independent Living

Ge Wu, PhD

Professor, Department of Rehabilitation and
Movement Science

Program Schedule

- 7:45 - 8:30am **Registration/Coffee**
- 8:30 - 8:45 **Welcome and Introductions**
William Pendlebury, MD
- 8:45 - 10:15 **Plenary Session**
Back to the Future: The Importance of Mission, Planning and Innovation
Suzanne Kunkel, PhD
- 10:15 - 10:30 **Break**
- 10:30 - 12:00 **Concurrent Workshops - Session I**
Making Medical Decisions for a Loved One: Practical Strategies*
Zail Berry, MD, MPH
- Reaching Critical Mass: Older Adults, Muscle Power and Food**
Amy Nickerson, MS, RD
Mary Woodruff, MPH, RD
- Activities for Daily Living, Loving, and Laughing: A Holistic Approach for Healthy Aging**
Barbara Jordan, MS, MEd
Fran Joseph, MEd
- 12:15 - 1:30 **Lunch and Vermont Update**
Joan Senecal, MA
- 1:45 - 3:15 **Concurrent Workshops - Session II**
Mild Cognitive Impairment: Relevance for Early Diagnosis and Treatment of Alzheimer's Disease
William Pendlebury, MD
- Exercise Innovations to Promote Participation and Adherence**
Ge Wu, PhD
- Stages of Senior Care**
Karen Koechlein
- 3:15 - 3:30 **Break**
- 3:30 - 4:30 **Plenary Session**
Notes On Nursing: The Future of Nursing in an Aging World
Bill Thomas, MD
- 4:30 **Conference Adjourns**

*One Hour Talk

We gratefully acknowledge the following organizations for their generous support of this conference:

Jack and Dorothy Byrne Foundation

Vermont Education Health Initiative



Registration

Name (As you would like it to appear on Nametag and Attendance Certificate)

Degree: MD DO PA NP RN
 Other _____

Specialty/Affiliation

Address

City State Zip

Phone

E-mail

Registration Fee Summary:

Tuition \$10.00 \$ _____

I would like CE credit
Add \$10.00 \$ _____

Please check one:

- Nursing
 Social Work
 Nursing Home Administrator
 Mental Health Counselor

Total \$ _____

Initials _____ Last 4 digits of your SSN _____
(For CEU tracking purposes only)

Concurrent Workshops

There will be opportunity to attend two workshop sessions. Please rank order your preferences from 1 (most) to 3 (least) desirable in each session. Based on receipt of registrations, every effort will be made to provide you with your preferred workshops.

Session I

___ Medical Decisions

___ Muscle Power/Food

___ Holistic Approach

Session II

___ Cognitive Impairment

___ Exercise Adherence

___ Stages of Senior Care

Payment Method

- Check (payable University of Vermont)
 Visa MasterCard AmEx

Credit Card #

Expiration

Name as it appears on the Card (please print)

Please provide billing address if different from above:

Mail to:

Continuing Medical Education
128 Lakeside Avenue, Suite 100
Burlington, Vermont 05401

Phone: 802-656-2292 Fax: 802-656-1925

Or Register Online:

<https://www.regonline.com/Gerontology2010>

Receipt of Registration Requested by March 30, 2010